PLANT FACT SHEET

Phalaris caroliniana Walter

GENUS *Phalaris* **FAMILY** Poaceae

COMMON NAMES Maygrass, Carolina canarygrass

EDIBLE PARTS AND USES

Edible parts: Seeds, Shoots, Cereal

The seeds are eaten as a grain.
The young shoots are cooked and eaten.

DESCRIPTION

A millet grass. It can grow 1.5 m tall.

HABITAT

It is a temperate plant.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eb4c4b97-48ef-46d4-a77b-23366732bcf1