PLANT FACT SHEET

Trigonella emodi Benth.

GENUS *Trigonella* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

The leaves and shoots are cooked and eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 20-60 cm tall. The leaves have 3 leaflets. The leaflets are broadly oval and 10-25 mm long by 7-15 mm wide. There are 5-8 flowers in a group. They are yellow.

HABITAT

It is a temperate plant. In the Indian Himalayas it grows between 2,100-4,500 m above sea level. It suits cold arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eb761e47-a4b6-4c6b-8e2f-f3ac0002985c