PLANT FACT SHEET

Cuphea lanceolata W. T. Aiton

GENUS *Cuphea* **FAMILY** Lythraceae

COMMON NAMES Cigar flower

EDIBLE PARTS AND USES

Edible parts: Seeds - oil

DESCRIPTION

A herb. It grows 90 cm high. The stem is branched. The leaves are clammy. They are opposite and narrow and 7 cm long. The flowers are tube shaped and dark purple or red. They have 6 petals. The 2 upper petals are large and ear shaped. The fruit is a capsule.

HABITAT

A tropical plant. It is best in hot humid locations and in rich, well-drained soil. It suits full sun.

PRODUCTION

Cultivation

They can be raised by seed or tip cuttings.

Harvesting and Seed Production

They are fast growing.

NOTES

There are about 260 Cuphea species. They are in Central and South America.

REFERENCES

GRIN

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