PLANT FACT SHEET

Canthium ciliatum (D. Dietr.) Kuntze

GENUS *Canthium* **FAMILY** Rubiaceae

COMMON NAMES Fringed turkey berry, Dwarf turkey-berry

EDIBLE PARTS AND USES

Edible parts: Fruit, Seed

The fruit and seeds are eaten as a snack.

DESCRIPTION

A shrub. It grows 3 m high. The branches are slender. The leaves are well spaced and in twos or threes. There are slender spines 1.5 cm long in the axils of some leaves. The leaf blade is oval but square at the base and narrowing to the tip. Leaves are 4 cm long by 2.5 cm wide. The flowers occur singly with a slender stalk 1.5 cm long. The flowers are bell shaped.

HABITAT

It is a subtropical plant.

NOTES

There are about 60-200 Canthium species.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 328

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Magwede, K., van Wyk, B.-E., & van Wyk, A. E., 2019, An inventory of Vhavend useful plants. South African Journal of Botany 122 (2019) 57–89

Ogle & Grivetti, 1985,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 168

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 95

Swaziland's Flora Database http://www.sntc.org.sz/flora

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

www.theplantlist.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eb97b183-0e34-4bf6-8db6-46a966fecb26