PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Melanthera scandens (Schum. & Thonn.) Roberty

GENUS *Melanthera* **FAMILY** Asteraceae

COMMON NAMES Waga waga

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are added to soups.
Caution: It should probably only be eaten in small amounts as it can cause emptying of the bowls.

DESCRIPTION

A scrambling herb.

HABITAT

It is a tropical plant. It grows in waste places and on the edges of forests in West Africa.

PRODUCTION

Harvesting and Seed Production

It is fast growing.

NOTES

It can be a troublesome weed.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eba0022a-ec79-4a22-b3b6-1f425cc724a4