PLANT FACT SHEET

Caryocar glabrum (Aublet) Persoon

GENUS *Caryocar* **FAMILY** Caryocaraceae

COMMON NAMES Almendra, Soapwood

EDIBLE PARTS AND USES

Edible parts: seeds, Nuts

The kernel of the nut is eaten.

DESCRIPTION

A tree. It grows 50 m high. The leaves have 3 leaflets. The end leaflet is 8-15 cm long and 4-7 cm wide. There are usually 15-25 flowers in a group. Plants flower at night. The flowers are yellow or orange. There are many stamens. They are in 2 rings. The fruit is broadly oval and flattened. It is 5-6 cm long by 5-8 cm wide. They are yellowish. There are some subspecies.

HABITAT

A tropical plant. It grows in forests on non flooded ground.

NOTES

The Caryocaraceae occur in tropical America. There are 16 Caryocar species.

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