PLANT FACT SHEET

# *Zygophyllum waterlotii* Maire

**GENUS** *Zygophyllum* **FAMILY** Zygophyllaceae

## EDIBLE PARTS AND USES

**Edible parts:** Flowers - tea

The flowers are used for herbal teas.

## DESCRIPTION

A herb. It grows 20-30 cm tall.

## HABITAT

It is a temperate and Mediterranean climate plant. It grows in dry sandy places.

## REFERENCES

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/eba11cb2-b8a5-4bc8-b566-c4cc1687dd52