PLANT FACT SHEET

Gunnera mexicana Brandegee

GENUS *Gunnera* **FAMILY** Gunneraceae

DESCRIPTION

A herb. It is a rhubarb like plant. It has large lobed leaves. The leaves are 1.5 m long. The flowers are small and yellow with 4 petals.

HABITAT

It is a subtropical plant.

PRODUCTION

Cultivation

Plants can be grown by seed or by division.

REFERENCES

Luna, A. G., et al, 2025, Food beyond the farm: significance of noncrop plants and mushrooms for food security of highland farming communities in Veracruz, Mexico. Chapter 14 in Agroecology of Edible Weeds and Noncrop Plants.

Piedra-Malagón, E. M., et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 20

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ebcff88c-eb70-40f7-8d61-408f5ab46bac