PLANT FACT SHEET

Hieracium umbellatum L.

GENUS *Hieracium* **FAMILY** Asteraceae

COMMON NAMES Narrowleaf Hawkweed

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. It grows 30-100 cm tall. The stems are usually single and pale purple at the base. The leaves do not have stalks and are sword shaped and 3-10 cm long by 1-2 cm wide.

HABITAT

It is a temperate plant. In China it grows on the edges of forests and grassy slopes and sandy soil on flood plains between 1,000-3,300 m above sea level. In Sichuan and Yunnan.

REFERENCES

Pemberton, R. W. & Lee, N. S., 1996, Wild Food Plants in South Korea: Market Presence, New Crops, and Exports to the United States. Economic Botany, Vol. 50, No. 1, pp. 57-70 (As Hieracium poss. umbellatum)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Sp. pl. 2:804-805. 1753

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ebdff374-84f1-472c-a969-193eefbf529a