PLANT FACT SHEET

Clinopodium vimineum (L.) Kuntze

GENUS *Clinopodium* **FAMILY** Lamiaceae

COMMON NAMES Costa Rican mint bush

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Leaves - tea

The leaves are used for flavouring or for tea.

DESCRIPTION

A shrub that keeps growing from year to year. The leaves are small and bright green.

HABITAT

A tropical plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 136 (As Satureja viminea)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 414 (As Micromeria obovata)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 245

Lab. Gen. Et Sp. 381. 1834 (As Micromeria obovata)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ec4940d3-b1d9-482d-a1b1-4fc11b808caa