PLANT FACT SHEET

Artemisia keiskiana Miq.

GENUS *Artemisia* **FAMILY** Asteraceae

COMMON NAMES Cotton thatch

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

Used as a flavouring for salads and sauces.
The leaves and shoots are cooked and eaten.

DESCRIPTION

A herb or small shrub. It grows 30-100 cm tall. It has rhizomes. The lower stem leaves are oval or wedge shaped and 3-8 cm long by 2-5 cm wide. There are teeth along the edge. Higher leaves are smaller.

HABITAT

It is a temperate plant. In north China it grows on dry slopes and the edges of forests between 100-900 m above sea level.

NOTES

There are about 300 Artemisia species. Chemical composition: Protein = 5.56%. Fat = 1.16%. Carbohydrate = 9.46%. Ash = 2.55%.

REFERENCES

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READ

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ec76c3ce-238c-4e3b-a626-dff435772274