PLANT FACT SHEET

Cyathula heudelotii (Moq.) Di Vincenzo, Berends., Wondafr. & Borsch

GENUS *Cyathula* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An annual herb. It is hairy and has long branches. It is 60-80 cm high. The leaves are opposite. They do not have leaf stalks. The leaves are 5-8 cm long by 0.6 cm wide. They are narrow. The flower spikes are 3 cm long. They are greenish-white.

HABITAT

A tropical plant. It grows in woodland and savannah.

NOTES

There are 11 or 12 Pandiakia species in tropical Africa.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 92 (As Pandiaka heudelotii)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 174 (As Pandiaka heudelotii)

Thiselton-Dywer, W.T., (Ed.), 1913, Flora of Tropical Africa. Vol VI-section 1. Reeve, p 69 (As Pandiakia heudelotii)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eca3601e-cb61-430d-a54b-e5efa0fd045b