PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Roldana barba-johannis (DC.) H. Rob. & Brettell

GENUS *Roldana* **FAMILY** Asteraceae

COMMON NAMES Graham's groundsel

DESCRIPTION

A large herb. It grows each year from seed. The leaves are alternate and hairy. The flower heads are yellow. The fruit are small and one seeded.

HABITAT

It is a tropical plant.

NOTES

It has anti-inflammatory and antioxidant properties.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ecbd98d8-054d-4c6e-97ae-46d199f5a009