PLANT FACT SHEET

Brassica campestris L.

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Field mustard, Wild turnip

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds - oil, Flowers

The flowers and leaves are boiled and eaten. Young shoots can be eaten raw. Leaves can be dried for later use.

DESCRIPTION

An annual herb. It grows 1 m high and spreads 50 cm wide. The stem is erect and has a few branches. The leaves are oval and greyish green. The flowers are bright yellow and have 4 petals. They are in loose clusters at the ends of branches.

HABITAT

It is a temperate plant. It will grow in most soils.

PRODUCTION

Cultivation

Plants are grown by seed.

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