PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Elatostema novae-britanniae Lauterb.

GENUS *Elatostema* **FAMILY** Urticaceae

COMMON NAMES Ufu'ufu, Sautalau

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows about 1 m high. The flowers are pink and do not have a smell.

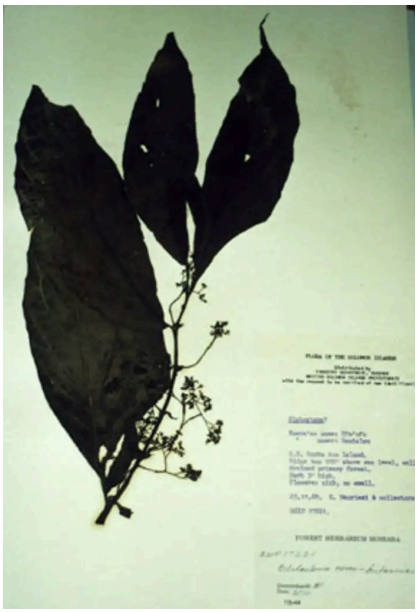
HABITAT

A tropical plant. It grows in well-drained forest soil. It suits the wet tropics.

NOTES

There are about 200 Elatostema species.
The leaves are used as pig food.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

French, B.R., 2010, Food Plants of Solomon Islands. A Compendium. Food Plants International Inc. p 325 (As Elatostemma novae-hibernae)
Lauterbach, 1905, Nachtr. Fl. Schutzgeb Sudsee 253 (As Elatostema novae-britanniae)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ed992801-00a9-42c5-9d66-01602b0eab12