PLANT FACT SHEET

Malva cretica Cav.

GENUS *Malva* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

REFERENCES

Geraci, A., et al, 2018, The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. Journal of Ethnobiology and Ethnomedicine (2018) 14:14

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

Sinclair, V., 1992, The Floral Charm of Cyprus. Interworld Publications. p 63

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eda18af6-590f-45bd-8a63-0e0439bfc531