PLANT FACT SHEET

Nigella damascena Linn.

GENUS *Nigella* **FAMILY** Ranunculaceae

COMMON NAMES Love-in-a-mist, Devil-in-a-bush, Fennel flower

EDIBLE PARTS AND USES

Edible parts: Seeds, Spice, Leaves

The seeds are used as a spice.
The leafy shoots are used as a potherb.

DESCRIPTION

An upright bushy annual plant. It grows 40-60 cm high and 20-25 cm wide. The leaves are feathery. The flowers are sky-blue. They are 2.5-5 cm across. The flowers sit inside wispy leaves. The fruit is an inflated seed capsule. It is striped and has short pointed horns.

HABITAT

A warm temperate plant. It is frost hardy. It can grow in full sun or light shade. It needs a well drained soil. It suits hardiness zones 8-10.

PRODUCTION

Cultivation

Plants are grown from seed. Seed are sown very shallowly. Seedlings can be transplanted. Plants should be 15 cm apart.

Harvesting and Seed Production

It is fast growing.

NOTES

There are about 20 Nigella species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/edaeaae8-1103-462f-9534-869f1993fb2b