PLANT FACT SHEET

Equisetum telmateia Ehrh.

GENUS *Equisetum* **FAMILY** Equisetaceae

COMMON NAMES Giant horsetail

EDIBLE PARTS AND USES

Edible parts: Water, Shoots

The sprouts are peeled and eaten raw. They are also baked in pits and eaten.

DESCRIPTION

A rush like plant. It keeps growing from year to year. It grows 0.5-1.8 m high and spreads 30-60 cm wide. The stems are erect and have fine grooves. They are white or pale green. They are 1.8 m high and have ridged nodes. There are several rough feathery branches.

HABITAT

It is a temperate or Mediterranean climate plant. It suits hardiness zones 5-10.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/edb46c54-37c7-46f5-87fc-ef2a684ef7a2