PLANT FACT SHEET

Trigonia paniculata Warm.

GENUS *Trigonia* **FAMILY** Trigoniaceae

COMMON NAMES Bajadin

EDIBLE PARTS AND USES

Edible parts: Leaves

Leaves used for tea.

DESCRIPTION

A shrub or small tree. Young branches have a grey coating. The leaves are narrowly oval and 5-10 cm long by 2.5-5 cm wide. The edges are curled.

HABITAT

A tropical plant.

NOTES

There are about 27 Trigonia species in the Americas.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 2074

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/edd89323-ceb3-450b-a6ca-81824d686d27