PLANT FACT SHEET

Achyranthes japonica (Miq.) Nakai

GENUS *Achyranthes* **FAMILY** Amaranthaceae

COMMON NAMES Japanese chaff flower, Oriental chaff flower

EDIBLE PARTS AND USES

Edible parts: Leaves, Root - brewing

The root is used for brewing.

DESCRIPTION

A herb. It can grow 2 m tall. The stems can be slightly hairy. The leaves are narrowly oval. They ate 3-13 cm long by 1-6 cm wide.

HABITAT

It is a temperate plant.

NOTES

There are 6 Achyranthes species. The grow in tropical and warm temperate regions.
The roots have been used as medicine.

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