PLANT FACT SHEET

Alchemilla glabra Neygenf.

GENUS *Alchemilla* **FAMILY** Rosaceae

COMMON NAMES Lady's mantle

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves can be used as greens. Often they are mixed with other greens.

DESCRIPTION

A herb. The leaves have lobes spread out like fingers on a hand. There are 9 lobes The flowers are in tight clusters and are small and green.

HABITAT

It is a temperate plant. It grows in pastures and by streams. It is often in damp soil.

REFERENCES

Irving, M., 2009, The Forager Handbook, A Guide to the Edible Plants of Britain. Ebury Press p 262

Rexhepi, B., et al, 2018, Ethnobotanical Study of Wild Edible Plants in Pelagonia Region (Southwestern Macedonia) International Journal of Advances in Science Engineering and Technology, Vol. 6 (1) p 57

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ee27f22b-b6f4-4a3a-8c64-44f4ca67dddb