PLANT FACT SHEET

Pseudotsuga menziesii var. glauca (Beissn.) Franco

GENUS *Pseudotsuga* **FAMILY** Pinaceae

COMMON NAMES Rocky Mountain Douglas-fir

EDIBLE PARTS AND USES

Edible parts: Sap

The crystalline sugar exudate from the branches is eaten alone or with balsamroot seeds. It can be stored.

DESCRIPTION

A tree. It grows 35-45 m tall. The trunk can be 125 cm across.

HABITAT

It is a temperate plant.

REFERENCES

http://www.botanic-gardens-ljubljana.com/en/plants

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 450

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ee655b75-b3a5-40bd-8e2e-dad84fae56d4