PLANT FACT SHEET

Podospermum roseum (Waldst. & Kit.) Gemeinholzer & Greuter

GENUS *Podospermum* **FAMILY** Asteraceae

COMMON NAMES Pink vipergrass

EDIBLE PARTS AND USES

Edible parts: Roots, Shoots, Flowers

The roots are used for making flour for dishes and bread.

DESCRIPTION

A herb. It grows 40 cm tall. The flowers are pink and open as a series of long narrow petals.

HABITAT

It is a Mediterranean climate plant. It grows up to 2,000 m above sea level.

REFERENCES

Denes, A., et al, 2012, Wild plants used for food by Hungarian ethnic groups living in the Carpathian Basin. Acta Societatis Botanicorum Poloniae 81 (4): 381-396 (As Scorzonera purpurea subsp. rosea)

Redzic, S. J., 2006, Wild Edible Plants and their Traditional Use in the Human Nutrition in Bosnia-Herzegovina. Ecology of Food and Nutrition, 45:189-232 (As Scorzonera rosea)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ee827399-6395-4939-8e7b-c257ef7504e8