PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Asclepias verticillata L.

GENUS *Asclepias* **FAMILY** Apocynaceae

COMMON NAMES Bedstraw milkweed

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Seeds

The young buds are eaten.

DESCRIPTION

A herb. It grows 10 cm tall.

HABITAT

It is a temperate to tropical plant.

PRODUCTION

Cultivation

Plants can be grown from seed or cuttings.

NOTES

There are 100 Asclepias species.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database."
http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994) (As Asclepias galioides)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/ (As Asclepias galioides)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ee8c4fc8-0603-404a-a42d-c2a941d7ed0e