PLANT FACT SHEET

Cremaspora triflora (Thonn. ex Schumach.) K. Schum.

GENUS *Cremaspora* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are edible.

DESCRIPTION

It can be a shrub, woody creeper or small tree. It grows 2-9 m tall. It usually has many branches. The leaves are simple and entire and opposite. The leaf blade is 2-18 cm long by 1-9 cm wide. It has a rounded base and tapers to the tip. The flowers are in a dense group 2-4 cm wide. The flowers contain both sexes and have a strong sweet smell. The flowers are white or yellow. The fruit is an oval berry 7-15 mm long by 5-7 mm wide. It is red and usually has 2 seeds.

HABITAT

It is a tropical plant. It grows in evergreen forest from sea level to 2,000 m altitude. It grows in forests, thickets and palm groves. In Zimbabwe it grows between 700-1,800 m above sea level.

NOTES

There are 3 Cremaspora species. It is used as a dye and medicine.

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