PLANT FACT SHEET

# *Rhapis laosensis* Becc.

**GENUS** *Rhapis* **FAMILY** Arecaceae

**COMMON NAMES** Laos lady palm

## EDIBLE PARTS AND USES

**Edible parts:** Shoots

## DESCRIPTION

A palm. It forms loose clusters. The stems are 102 m long and 58-15 mm wide. There are 8-20 leaves in the crown. The fruit are oval and 8-12 mm across.

## HABITAT

It is a tropical plant.

## REFERENCES

Zona, S., Heart of Palm Use: A Family Survey. p 5

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/eef89167-e1a9-42bb-8c16-899689555a53