PLANT FACT SHEET

Aloe littoralis Baker

GENUS *Aloe* **FAMILY** Asphodelaceae

COMMON NAMES Mopane aloe, Windhoek aloe

EDIBLE PARTS AND USES

Edible parts: Leaf bud, Flowers, Leaves, flower - nectar

The flowers are used as a potherb. The flower stalk is cooked.
The juicy leaves are eaten raw or boiled.

DESCRIPTION

A plant with a single stem. It grows to 3.5 m high. It is densely covered with old dry leaves along the trunk. The leaves are erect and greyish-green. The edges of the leaves have sharp light brown teeth. The flower heads are branched. The flowers are in dense pointed spikes. They are rose-red and the tips turn yellow.

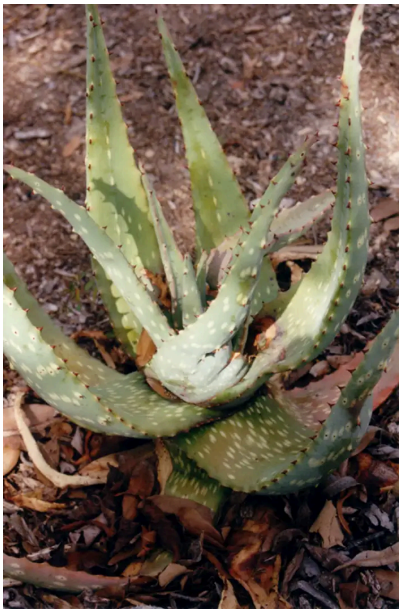
HABITAT

A tropical plant. It grows in flat lowveld bushland. It requires an alkaline and well-drained soil. It can grow in arid places. In Brisbane Botanical Gardens. It suits hardiness zones 9-12.

NOTES

There are about 350-400 Aloe species.
Also put in the family Aloaceae. Also put in the family Asphodelaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eefba2ff-8800-44e6-bbe6-d94e44fa88c7