PLANT FACT SHEET

Poisonous

This plant, or parts of it, can be poisonous. Do not eat it unless you know which parts are safe and how they must be prepared.

Food Plants International: Caution - poisonous

Apocynum cannabinum L.

GENUS *Apocynum* **FAMILY** Apocynaceae

COMMON NAMES Black Indian hemp, Canadian hemp, Hemp Dogbane

EDIBLE PARTS AND USES

Edible parts: Seeds

Caution: The leaves are poisonous. It has a drug similar to digitalis the heart stimulant.
The rootstock is used in medicine.
The seeds have been eaten.
The latex has been used as a chewing gum.

DESCRIPTION

A herb that keeps growing from year to year. It has milky sap. It grows 1 m high and spreads 50 cm wide.

HABITAT

A temperate plant. It needs a well-drained moist soil. It can grow in sun or light shade.

PRODUCTION

Cultivation

Plants are grown from seed. Seed need cold treatment to germinate well.

NOTES

There are 4-9 Apocynum species. It is used in medicine for heart disease as a substitute to digitalis.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ef0d80e7-7fe6-49c5-b562-5eb91aae9e3b