PLANT FACT SHEET

Vasconcellea pentandra

GENUS *Vasconcellea* **FAMILY** Caricaceae

COMMON NAMES Chamburo

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulpy centre around the seed is removed then the fruit cooked.
CAUTION: Uncooked fruit can cause blistering of the mouth.

DESCRIPTION

The crown can be 2 m across. The trunk is silvery. There are horn like thorns beside each leaf axil. It has large leaves. The flowers occur in a group of orange flowers on each side of each thorn. The fruit develops down the full length of the trunk. The fruit is yellow. The skin has a texture of a rough lemon and 10 ridges along its length.

HABITAT

It grows in lush, cool, damp areas in the high altitudes in the Andes. It can grow in dry conditions.

NOTES

There are at least 22-40 species of Carica.
Not in The Plant List.

REFERENCES

Gouldstone, S., 1983, Growing your own Food-bearing Plants in Australia. Macmillan p 85

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ef207ef6-1ae0-40c4-ac8a-3c0ec665cecf