PLANT FACT SHEET

Rubus ulmifolius Schott

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES Evergreen Thornless blackberry, Elm-leaf Blackberry

EDIBLE PARTS AND USES

Edible parts: Fruit, Sprouts, Leaves, Flowers

The fruit are eaten raw or as jam.
The leaves are used to make a liqueur and also tea.
The young shoots are also eaten in salads.
The flowers are eaten raw.

DESCRIPTION

A shrub. It grows 2.4 m high and spreads 3 m wide. It loses its leaves during the year. The stems arch over. The leaves have 3-5 leaflets. They are downy underneath. The flowers are white or pale pink. The fruit are purple-red.

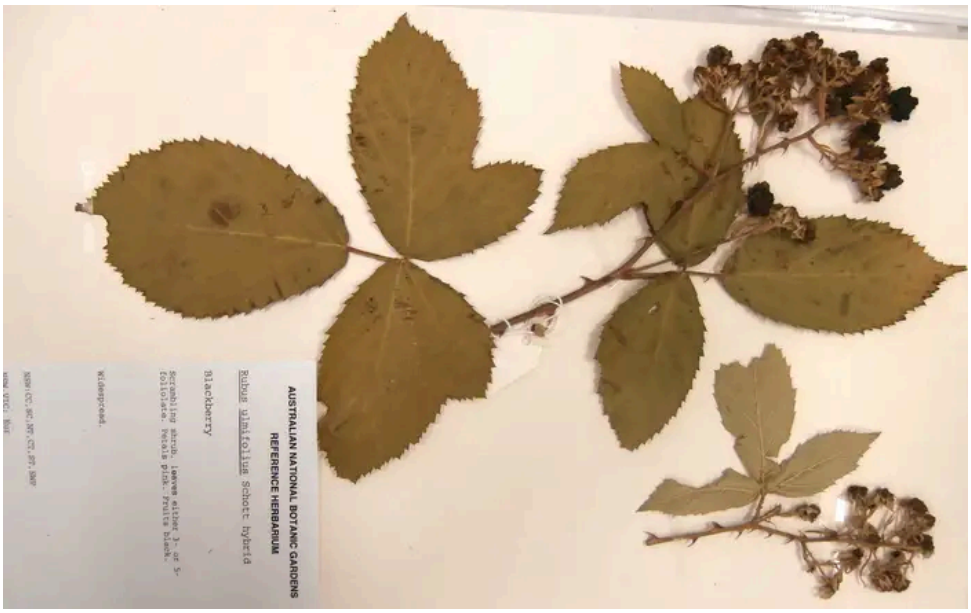
HABITAT

It is a temperate plant. In NW Pakistan it grows in fertile mountain valleys. In Argentina it grows below 500 m above sea level. It suits hardiness zones 7-10.

NOTES

There are about 250 Rubus species.

PICTURES



Credit: Food Plants International (Bruce French)

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