PLANT FACT SHEET

Vernonia popeana C. Jeffrey

GENUS *Vernonia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Plant

DESCRIPTION

A herb or small shrub. It grows 10-100 cm tall. The stems have many branches and are hairy. The leaves do not have leaf stalks and are oval. They are 3-11 cm long by 1-5 cm wide.

HABITAT

It is a tropical plant..

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ef5e513f-012e-4aa5-ba98-142dd8d5bd4b