PLANT FACT SHEET

Monodora crispata Engl. & Diels

GENUS *Monodora* **FAMILY** Annonaceae

COMMON NAMES African nutmeg

EDIBLE PARTS AND USES

Edible parts: Seeds - spice

The seeds are used as food flavouring.

DESCRIPTION

A shrub or tree. It grows 20 m tall. The trunk is 30 cm across. The outer bark is dark brown. The leaves are 5-10 cm long by 3-5 cm wide. The flowers occur singly usually opposite the leaf and they hang down. The fruit are 6-15 cm long by 4-5 cm wide. They have 6-7 ribs. The seeds are 10-13 mm long by 5-9 mm wide. They are in a white pulp.

HABITAT

It is a tropical plant.

REFERENCES

Bele, M. Y. et al, 2011, Ethnobotanical survey of the uses of Annonaceae around mount Cameroon. African Journal of Plant Science Vol. 5(4): 237-247. http://www.academicjournals.org/ajps

Focho, D. A., et al, 2010, An ethnobotanical investigation of the annonaceae on Mount Cameroon. Journal of Medicinal Plants Research 4(20): 2148-2158

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/efa219ac-992d-44c8-999d-2e125695de60