PLANT FACT SHEET

Lamprocapnos spectabilis (L.) Fukuhara

GENUS *Lamprocapnos* **FAMILY** Papaveraceae

COMMON NAMES Bleeding heart, Dutchman's breeches

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. It grows 60-120 cm high and 45-60 cm across. The stems are thin. The leaves are grey-green and divided. The flowers are dangling pink hearts with white petals.

HABITAT

It is a temperate plant. It grows best in full sun. It is frost hardy. Because it is brittle it needs a sheltered position. It is often grown in shady places amongst rocks. It suits hardiness zones 6-9.

PRODUCTION

Cultivation

It can be grown by dividing the roots in spring. They can also be grown from seed.

NOTES

There are about 20 Dicentra species.

PICTURES



Credit: Food Plants International (Bruce French)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/efc0d99e-87ae-48d1-aab0-eae330471773