PLANT FACT SHEET

Gnetum leyboldii Tulasne

GENUS *Gnetum* **FAMILY** Gnetaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Nuts

The seeds are roasted and eaten.
The seeds are also used to make flour. This is then dried in the sun and can then be fried as a cracker.

DESCRIPTION

A creeper or climbing plant. It can be 30 m long. The fruit are orange to red. They are oblong and shiny. They are 5 cm long by 2-3 cm wide. The seeds are edible.

HABITAT

It is a tropical plant. It grows in floodplains and upland forests in the Amazon. It grows up to 1,300 m above sea level.

PRODUCTION

Harvesting and Seed Production

The fruit are collected from the ground.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 392

Kew Plants of the World On line

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

Smith, N., et al, 2007, Amazon River Fruits. Flavors for Conservation. Missouri Botanical Gardens Press. p 134

Vasquez, R. and Gentry, A. H., 1989, Use and Misuse of Forest-harvested Fruits in the Iquitos Area. Conservation Biology 3(4): 350f

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/efeb41ec-ecfa-4cb3-ae15-63cf7376924b