PLANT FACT SHEET

Microseris nutans (Geyer.) Sch. Bip.

GENUS *Microseris* **FAMILY** Asteraceae

COMMON NAMES Yam daisy

EDIBLE PARTS AND USES

Edible parts: Root

The bitter, milky root juice is eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f0253b90-7fb6-4395-a86b-82a7d3be2618