PLANT FACT SHEET

Teucrium parviflorum Schreb.

GENUS *Teucrium* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - spice

The leaves are used as a spice.

DESCRIPTION

A herb. It grows 30-60 cm tall. It is lightly hairy. The branches are square in cross section. The leaves are small, and opposite with narrow lobes. The edges are curled. The flowers are small and purple.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, A. & Tuzlaci, E., 2015, Wild Edible Plants of Pertek (Tunceli-Turkey). Marmara Pharmaceutical Journal 19: 126-135

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f03f8ed7-3f37-4c84-821f-3769d79cade7