PLANT FACT SHEET

**Use with caution**

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

# *Gaultheria myrsinoides* Kunth

**GENUS** *Gaultheria* **FAMILY** Ericaceae

**COMMON NAMES** Manzana

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

The fruit are edible but should probably not be eaten in large amounts.

## DESCRIPTION

A small creeping shrub. It grows 15 cm high and spreads 45 cm wide. The leaves are very small and have sharp tips. The flowers are white. The fruit is blue-black and 12 mm wide.

## HABITAT

It is a warm temperate plant. It grows at high altitudes in the tropics. It suits hardiness zones 9-10.

## NOTES

There are about 170 Gaultheria species.

## REFERENCES


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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/f04d4101-d45d-4ec8-88df-f114506913a2