PLANT FACT SHEET

Taraxacum harbhajan-singhii subsp. harbhajan-singhii

GENUS *Taraxacum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a cold temperate plant.

REFERENCES

Angmo, D., et al, 2022, Ethnobotanical Survey of Wild Edible Plants of Leh District, Ladakh. Defence Life Science Journal, Vol. 7, No. 4, October 2022, pp. 257-266

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f0508275-b583-4f67-8ccd-b14ddfd0a419