PLANT FACT SHEET

Rhamnus staddo A. Rich.

GENUS *Rhamnus* **FAMILY** Rhamnaceae

COMMON NAMES Staddo

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Bark - flavouring, Roots - flavouring, Stem, Manna

The bark is used in place of hops in beer.
The leaves are dried and used to flavour a drink.

DESCRIPTION

A shrub or small tree. It grows 7 m tall. It loses its leaves during the year. Young branches have grey hairs. The leaf blades are narrowly oval and 2-3 cm long by 6-15 mm wide. The flowers occur singly at the nodes. They are usually green but can be orange. The fruit are round and 5 mm across.

HABITAT

A tropical plant. It often grows on termite mounds and granite hills. It grows between 1,000-3,000 m above sea level. It is often at high altitudes.

REFERENCES

Asfaw, Z. and Tadesse, M., 2001, Prospects for Sustainable Use and Development of Wild Food Plants in Ethiopia. Economic Botany, Vol. 55, No. 1, pp. 47-62

Bekele-Tesemma A., Birnie, A., & Tengnas, B., 1993, Useful Trees and Shrubs for Ethiopia. Regional Soil Conservation Unit. Technical Handbook No 5. p 382

Guzo, S., et al, 2023, Ethnobotanical study of underutilized wild edible plants and threats to their long-term existence in Midakegn District, West Shewa Zone, Central Ethiopia. Journal of Ethnobiology and Ethnomedicine. 19:30

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 555

Lulekal, E., et al, 2011, Wild edible plants in Ethiopia: a review on their potential to combat food insecurity. Afrika Focus - Vol. 24, No 2. pp 71-121

Miller, A. G., Morris, M. & Stuart-Smith, S., 1988, Plants of Dhofar. The Southern Region of Oman, Traditional, Economic and Medicinal Uses. Sultanate of Oman. p 238

Regassa, T., et al, 2014, Ethnobotany of Wild and Semi-Wild Edible Plants of Chelia District, West-Central Ethiopia. Science, Technology and Arts Research Journal. 3(4): 122-134

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f05c57f8-7863-4e27-8af9-2208bdd9730a