PLANT FACT SHEET

# *Aframomum albiflorum* Lock

**GENUS** *Aframomum* **FAMILY** Zingiberaceae

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

The pulp of the fruit is eaten raw.

## DESCRIPTION

A ginger family herb. It grows 2-3 m high. It has large underground stems of rhizomes that produce leafy shoots. The leafy shoots are 2-3 m tall. The leaves are 30-45 cm long by 10 cm wide. There are 2-3 flowers together coming from the rhizome. They are white with a yellow patch in the centre. They are on stalks 2-4 cm long. The bracts are bronze coloured. The fruit are oval and 5 cm long. The seeds are smooth and shiny and narrowly oval. They are 5-6 cm long by 3 cm wide.

## HABITAT

It is a tropical plant. It grows in the understorey in forests. It occurs between 1,300-1,550 m above sea level.

## NOTES

There are about 50 Aframomum species.

## REFERENCES


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