PLANT FACT SHEET

# *Saxifraga punctata* L.

**GENUS** *Saxifraga* **FAMILY** Saxifragaceae

**COMMON NAMES** Dotted saxifrage, Brook Saxifrage, Heart-leaf Saxifrage, Heartleaf Saxifrage

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are eaten with oil and fish or meat.

## DESCRIPTION

A herb that keeps growing from year to year. It grows up to 30 cm tall. The leaves are at the base. They are kidney shaped and almost round with large teeth. The leaves are dark green above and paler underneath. The flowering stalk is hairy and without leaves. The flowers are small and have 5 white or purple petals. They are in a cluster at the top fo the stem.

## HABITAT

It is a cold temperate plant. It grows in rocky, moist, shady areas in the mountains.

## PRODUCTION

### Harvesting and Seed Production

Leaves are collected before flowering.

## NOTES

There are about 440 Saxifraga species.

## REFERENCES


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