PLANT FACT SHEET

# *Cranfillia vulcanica* (Blume) Gasper & V.A.O.Dittrich

**GENUS** *Cranfillia* **FAMILY** Blechnaceae

**COMMON NAMES** Mountain hard fern

## EDIBLE PARTS AND USES

**Edible parts:** Food

## DESCRIPTION

A fern that grows in soil. The rhizomes is creeping or erect. It is covered with dense scales at the base. The leaves are of 2 forms. The young leaves are usually reddish.

## HABITAT

It is a tropical and subtropical plant. It grows on cliffs and in light forests from mountain to sub-alpine zones. It grows up to 1,600 m above sea level.

## PRODUCTION

### Cultivation

Plants can be grown from spores.

## REFERENCES

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 858 (As Blechnum vulcanicum)

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

**LICENCE** CC BY-NC-SA 3.0

**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/f0f5990d-0285-439a-b3fd-0f8a04e88c6f