PLANT FACT SHEET

Silene indica (Roxb.) Roxb. ex Otth.

GENUS *Silene* **FAMILY** Caryophyllaceae

COMMON NAMES Tomrhia

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plants are cooked as a vegetable.

DESCRIPTION

A herb. It grows 55 cm high. The stems are simple and erect. The leaves are 2-7 cm long by 1-3 cm wide. They vary in size and shape.

HABITAT

It grows in cultivated fields during winter with the wheat crop in India. In Pakistan it grows up to 2,800 m altitude. In Tibet it grows between 2,300-3,900 m above sea level.

REFERENCES

A. P. de Candolle, Prodr. 1:368. 1824

Malhotra, C.L.., et al, 1985, Additional Notes on the wild edible plants of India J. Econ. Tax. Bot. Vol 6. No.2 pp 481-482

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f1378bb0-0b07-41e8-992d-32f576d03ef6