PLANT FACT SHEET

Hibiscus gilletii de Wild.

GENUS *Hibiscus* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb with creeping stems. These branch near the base and can be 1.5 m long.

HABITAT

A tropical plant. It grows between 1,000-1,500 m above sea level.

NOTES

There are about 220 Hibiscus species.

REFERENCES

Ann. Mus. Congo, Ser. 1, Bot. 5(1):166. 1904

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 81

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 203

Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 50

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f14fc590-6ab4-47a7-8e6d-77fa8e80455d