PLANT FACT SHEET

Schoenoplectus californicus (C. A. Mey.) Steud.

GENUS *Schoenoplectus* **FAMILY** Cyperaceae

COMMON NAMES California bullrush, Southern bulrush

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Stem

The rhizome and the lower 25 cm of the stem are baked and eaten or dried for later use.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. It grows 2 m tall. It has spreading rhizomes.

HABITAT

It is a tropical plant. It grows in wet places. It grows in fresh marshes and along shores. It can grow from sea level to 1,400 m above sea level. In Argentina it grows from sea level to 2,000 m above sea level.

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