PLANT FACT SHEET

Cardamine vulgaris Phil.

GENUS *Cardamine* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A cabbage family herb. It keeps growing from year to year. It has a single stem. It grows 10-45 cm tall. The leaves are 3-20 cm long and have 5-11 leaflets. The fruit are narrow pods 1.2-1.6 cm long by 1 mm wide.

HABITAT

It is a temperate plant. In Argentina it grows from sea level to 1,600 m above sea level.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

REFERENCES

Hermandez Bermejo, J.E., and Leon, J. (Eds.), 1994, Neglected Crops. 1492 from a different perspective. FAO Plant Production and Protection Series No 26. FAO, Rome. p 263

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f188fb38-e2f6-42de-a18a-26d0fb4d58cd