PLANT FACT SHEET

Tristemma albiflorum (G. Don) Benth.

GENUS *Tristemma* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub up to 1.5 m high. The stems are 4 angled. The leaves are simple and 5-15 cm long. Both sides of the leaf are hairy. The flowers are in a cluster at the end of the branches. The flowers have 5 petals. They are cream, pink or purple. The fruit are 10-18 mm long by 6-14 mm wide. The occur in tight clusters at the ends of branches. There are many tiny seeds inside. The fruit is edible.

HABITAT

A tropical plant. It grows in disturbed rain-forest in wet sites. It can be in palm groves or wet grass savannah.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 4. Kew.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f1a8b008-94da-4a29-8b93-d8959932df47