PLANT FACT SHEET

Phyllocephalum indicum (Less.) K. Kirkman

GENUS *Phyllocephalum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

DESCRIPTION

A herb. The leaves are 7-12 cm long by 2-4 cm wide. They are narrowly oval and taper to the tip. There are teeth along the edge. They are hairy above. They have a white cottony covering underneath. Lower leaves have long stalks and upper leaves have short or no stalks.

HABITAT

It is a tropical plant.

REFERENCES

Pandy, R. K. & Saini, S. K., 2007, Edible plants of tropical forests among tribal communities of Madhya Pradesh. Indian Journal of Traditional Knowledge. 6(1), pp 185-190

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f1ef2712-ad5f-4b18-9fe4-da1324b6f6f9