PLANT FACT SHEET

Sambucus adnata Wall. ex DC.

GENUS *Sambucus* **FAMILY** Viburnaceae

COMMON NAMES Red elderberry

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Stems

The young shoots and leaves are cooked as a vegetable. They are also pickled.
The ripe fruit are eaten fresh.

DESCRIPTION

A shrub. It grows about 3 m high. The leaves have stalks. They have an odd number of leaflets. The leaflets have short stalks. They are oblong to sword shaped and taper to the tip. They have teeth along the edge and are softly hairy. Flowers are white. They occur in spreading flat topped arrangements at the ends of branches.

HABITAT

It is a subtropical to temperate plant. In China it grows beside streams and on moist shaded mountain slopes and alpine grasslands between 1,600-3,600 m above sea level. In Nepal it grows between 2000-3700 m altitude. It grows in open places. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants are grown from cuttings.

NOTES

There are about 25 Sambucus species. There are about 10 Sambucus species in tropical America. Sambucus have now been reduced to 9 species. Also put in the family Sambucaceae.

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