PLANT FACT SHEET

Claytonia caroliniana Michx.

GENUS *Claytonia* **FAMILY** Montiaceae

COMMON NAMES Carolina spring beauty, Broad-leaved spring beauty

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots, Tubers

The bulbs or corms are cooked and eaten.
The stems and leaves are steamed then used as a potherb.

DESCRIPTION

A herb. It has a deep bulb like corm. There are usually 1-2 leaves at the base. These are 7-15 cm long. The leaves on the stem are opposite. The stems are 25 cm tall. The flowers are 8-12 mm across.

HABITAT

It is a temperate plant. It grows in moist rich forests and wetlands. It can grow from low elevations to mountain regions. It suits hardiness zones 4-9.

NOTES

They have also been put in the family Portulacaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f223884a-bf6b-4cb1-ba88-58debfd47103